



HospiceCare

NORTH NORTHUMBERLAND

Caring for Life!

Local Bereavement Support Service

Would it help to talk? We're here for you!



I would like to introduce you to some of our wonderful Bereavement Support Volunteers. We have 11 Bereavement Support Volunteers in total, all of whom are specially trained and very skilled in offering a Bereavement Listening Service. Together with myself, they all have a deep understanding and knowledge of the pain, anger and confusion caused by grief and the death of a loved one.

Our Bereavement Support Volunteers are able to offer support either in your home, over the telephone, or at one of our Day Therapy Centres, which are in Alnwick and Berwick. They will reliably be there for you for as long as you need our support and travel with you on your emotional journey, until you feel ready to continue without them.

Individual Bereavement Support - Visiting

Sometimes it helps to share your feelings with someone who is outside the circle of your immediate family and friends.

Our trained bereavement visitors have a knowledge and understanding of the pain caused by grief and receive regular supervision. They can visit you in your own home, or alternatively, you may wish to meet at the Hospice, where you can talk in complete confidence.

The frequency of visits is agreed between you and the bereavement visitor and the support is offered to you for as long as is considered appropriate to your needs.

“The support has exceeded my expectations. In the beginning I wasn’t even certain that the service included bereavement that happened so many (30) years ago, but the support has been excellent.” Kate - March 2017

“Very helpful in getting me through a difficult time. I was given all the help I needed.” Pip - March 2017

Bereavement Support Group

You may prefer to meet other people who are bereaved, in a safe environment, to share thoughts and feelings and offer peer support to one another.

For further details, please contact our Clinical Team on [01665 606 515](tel:01665606515).

There is no charge for accessing this service which is available to anyone within North Northumberland who has suffered a bereavement.

You do not need to have had any previous contact with the Hospice to make use of this service.

“Just being able to talk to someone was a great help for me, someone who could empathise with my situation. You were all just amazing before mum died and after. I can’t thank the Hospice enough.” Claire - April 2017

This service is completely free of charge, confidential and you don’t need a GP referral. We also don’t need to have known or cared for your loved one.

If you think we might be able to help you, please give me a call, we can usually arrange for an immediate appointment and be there exactly when you need us.

Maxine Shell Bereavement Support Coordinator.



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